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Other publications on resumes and applications

Personal Data Record (DWSJ-4937-P) Thoughts on Resumes (DWSJ-4658-P) Resume Writing—A Basic Guide (DWSJ-9433-P)

Publications on related topics

INTERVIEWING

Keys to Successful Interviewing (DWSJ-6951-P)
Hidden Elements of Interviewing (DWSJ-9484-P)
Informational Interviewing (DWSJ-9407-P)

JOB SEARCH_

Tips on Finding Summer Jobs (DWSJ-5641-P) Job Search Issues (DWSJ-8456-P) Where to Look for Job Opportunities (DWSJ-9467-P)

DWSJ-9463-P (R. 04/2002)

The Right Words to Use in Your Job Search

Choosing the most effective words to describe your skills, actions, attitudes and accomplishments will make your job applications, resume and job interviews more dynamic. Following are two word lists. These words are "buzz words" that seem to open doors.

The first list includes <u>action verbs</u> — words that say what you did. These words tell prospective employers about your skills and accomplishments.

The second list includes <u>descriptive words</u> — words that describe you and your actions in a positive way. Often these words tell employers about your work attitudes.

Use these lists as guides to choosing the right words for your job search.

* Starred words are especially good for indicating your accomplishments.

Action Verbs

Accelerated *	Accepted	Accomplished *	Achieved *
Acquired	Adapted	Adjusted	Administered *
Advanced *	Advertised	Advised	Analyzed
Announced	Anticipated	Appointed	Appraised
Approved	Arbitrated	Arranged	Assembled
Assessed	Assigned	Assisted	Attained *
Audited	Authored	Authorized	Automated
Averted	Balanced	Bargained	Bought
Briefed	Budgeted *	Built	Calculated
Captured	Cared for	Carried out *	Catalogued
Centralized	Chaired	Changed	Charted
Checked	Clarified	Closed	Coached
Collaborated	Collected	Commanded	Communicated
Compared	Compiled	Completed	Composed
Compounded	Computed	Conceived	Conceptualized
Concluded	Condensed	Conducted	Confronted
Constructed	Consulted	Contacted	Contracted
Contrived	Controlled	Converted	Conveyed
Convinced	Cooperated	Coordinated *	Copied
Corrected	Correlated	Corresponded	Corroborated
Counseled	Created *	Critiqued	Cultivated
Curtailed	Cut *	Decentralized	Decided

Action verbs, continued

Decreased * Defined Delegated Delivered Demonstrated Described Designed Detailed Devised Detected Determined Developed * Diagnosed Directed Discovered Dispensed Displayed Disproved Dissected Distributed Diverted Documented Doubled * Drafted Drove **E**arned Edited Educated Effected Eliminated * **Employed** Enacted Engineered Encouraged Enforced Enjoyed Enlarged Enlisted Ensured Entertained Equipped Established * **Estimated** Evaluated Examined Exceeded * Exchanged Executed Exhibited Expanded * Expedited * Experimented Extracted Explained Explored **F**abricated Facilitated Familiarized Fashioned Figured Filed Financed Fixed Focused Followed directions Formalized Formed Forecasted Founded * Formulated Furnished **G**athered Generated * Governed Graded Graduated Grouped Guided Halted Handled Headed * Helped Hired Identified Illustrated Implemented * Improved * **Improvised** Increased * Indexed Induced Influenced Innovated * Informed Initiated * Inspected Inspired Installed Instituted Instructed Insured Intensified Integrated Interpreted Interviewed Introduced * Invented * Inventoried

Applying action verbs

Action verbs give your resume power and direction. Try to begin all skills statements with an action verb. Here is a sample of action verbs or different types of skills:

Management skills administered analyzed coordinated developed directed evaluated improved supervised	Creative skills conceptualized created designed established fashioned illustrated invented performed	Technical skills assembled built calculated designed operated overhauled remodeled repaired	Financial skills administered analyzed balanced budgeted forecast marketed planned projected
Clerical skills arranged catalogued compiled generated organized processed persuaded systemized	Helping skills assessed coached counseled facilitated represented	Communication skills arranged addressed authored drafted formulated	Research skills clarified evaluated identified inspected organized summarized

Action verbs, continued

Invested Investigated Issued **J**oined Judaed Justified Kept records Kev noted Led * Launched * Learned Lectured Lifted Listened Loaded Liquidated Located Logged Made Maintained Managed Manipulated Manufactured Marketed Mastered Measured Medicated Memorized Merchandised Modeled Moderated Modified Monitored Motivated Named Navigated Negotiated Nominated Nursed Nurtured **O**bserved Obtained Offered Officiated Organized * Originated * Operated Ordered Overcame * Overhauled * Oversaw **P**acked Participated Perceived Perfected * Performed Persuaded Photographed Piloted Pinpointed Placed Planned Predicted Prepared Prescribed Presented Presided Printed Problem solved * Processed Procured Produced Programmed Prohibited Projected Promoted Prompted Proofread Proposed Protected Proved * Provided Publicized Published Purchased Questioned Raised Ran Rated Read Reasoned Received Recommended Reconciled Recorded Recruited Rectified * Redesigned * Reduced * Referred Rehabilitated Reinforced Regulated Related Removed Rendered Renewed Reorganized * Repaired Reported Represented Researched Responsible for Reshaped Resolved * Responded Restocked Restored Restructured * Retrieved Revamped * Reversed * Reviewed Revised Satisfied Saved * Scheduled Screened Searched Secured Selected Separated Serviced Settled * Sequenced Served Set up Shaped Shared Showed Signaled Simplified * Sketched Sold Solved * Sorted Sparked Sought Spearheaded * Specified Spoke in public Staffed Streamlined * Standardized Stimulated Stocked Strengthened Structured Studied Submitted Succeeded Summarized Supervised Supplied Synthesized Symbolized Supported Surveved Systematized Tailored Taped **T**abulated Taught Team built Tended Tested **Tightened** Traced Tracked Traded Trained Transcribed Transferred Transformed Translated **Transmitted** Transported Traveled Trimmed Tripled * Trouble shot * Turned around * Uncovered Tutored Typed Understood United * Updated * Unified * Unraveled Upgraded * **V**alidated Used Utilized Verified Visited Volunteered Washed Won * Weighed Widened Worked Wrote

^{*} Starred words are especially good for indicating your accomplishments.

Descriptive words

A ble	Accurate	Active	Adaptable
Adept	Administrative	Advantageous	Aggressive
Alert	Ambitious	Analytical	Articulate
Assertive	Astute	Attentive	Authoritative
Bilingual	Broad minded	Calm	Candid
Capable	Cheerful	Committed	Competent
Completely	Comprehensive	Confident	Conscientious
Considerate	Consistent	Constructive	Continuous
Contributions	Cooperative	Creative	Curious
Decisive	Dedicated	Deliberate	Dependable
Detailed	Detail-oriented	Determined	Diligent
Diplomatic	Disciplined	Discreet	Diversified
Driven	Dynamic	Eager	Easily
Easygoing	Economical	Effective	Efficient
Effortlessly	Empathetic	Energetic	Enterprising
Enthusiastic	Excellent	Exceptional	Experienced
Expert	Expertly	Extensive	Fair
Farsighted	Fast learner	Flexible	Forceful
Friendly	G eneralist	Hard-working	Honest
Imaginative	Increasingly	Independent	In-depth
Initiative	Innovative	Insightful	Instrumental
Inventive	K nowledgeable	Leadership	Logical
Loyal	M ajor	Mature	Meaningful
Methodical	Meticulous	Motivated	Multilingual
O bjective	Open-minded	Optimistic	Orderly
Organized	Outstanding	Patient	Perceptive
Persistent	Personable	Personally	Persuasive
Pertinent	Pleasant	Positive	Practical
Precise	Problem-solver	Productive	Professional
Proficient	Profitable	Progressive	Proven
Punctual	Q ualified	Quality conscious	Quick learner
Realistic	Recent	Reliable	Repeatedly
Resilient	Resourceful	Respectful	Responsible
Responsive	Risk-taker	Routinely	Satisfactorily
Scope	Self-confident	Self-controlled	Self-reliant
Self-starter	Sharp	Significantly	Sincere
Skilled	Skillful	Solid	Sound
Specialized	Specialist	Stable	Strategically
Strong	Substantial	Successful	Superior
Systematic	T actful	Talented	Team player
Technical	Thorough	Timely	U niform
Universal	Up-to-date	V aluable	Varied
Versatile	Vigorous	W ell-educated	Well-rounded
Wide background	Will travel	Will relocate	

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